

YOU ARE WHAT YOU WEAR

Use the chart on the back of the page to calculate the distance your clothes have travelled.

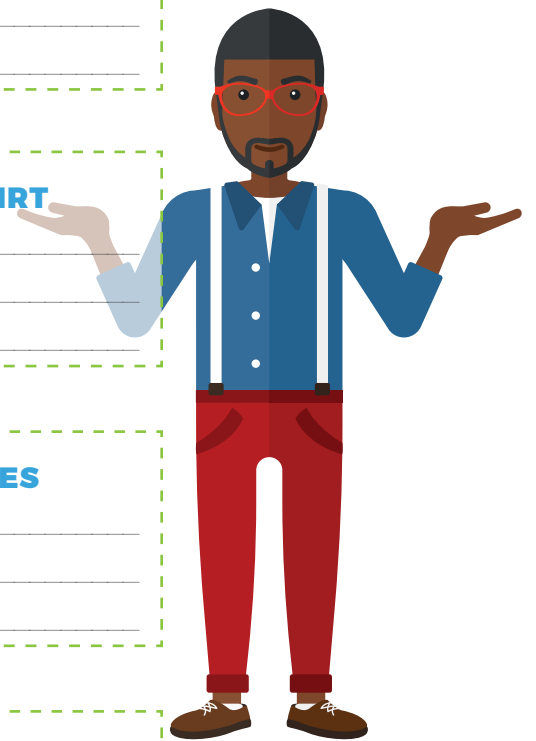
STEP 1: Check the tag of each article of clothing you wore today.

STEP 2: Find out where it was made and write down the country name in the correct box.

STEP 3: Check the chart on the back of the sheet to determine how many points you receive. Write this number down on the Points line.

STEP 4: If the article of clothing is more than 5 years old, was handed down to you, or purchased from a 2nd hand store, divide the points for that item by 2.

STEP 5: Repeat **Steps 1-4** for each article of clothing and accessory you wore today.



<p>HAT</p> <p>Made In _____</p> <p>Points _____</p> <p>Discount _____</p> <p>TOTAL</p>	<p>SWEATER</p> <p>Made In _____</p> <p>Points _____</p> <p>Discount _____</p> <p>TOTAL</p>
<p>JACKET</p> <p>Made In _____</p> <p>Points _____</p> <p>Discount _____</p> <p>TOTAL</p>	<p>T-SHIRT</p> <p>Made In _____</p> <p>Points _____</p> <p>Discount _____</p> <p>TOTAL</p>
<p>PANTS</p> <p>Made In _____</p> <p>Points _____</p> <p>Discount _____</p> <p>TOTAL</p>	<p>SHOES</p> <p>Made In _____</p> <p>Points _____</p> <p>Discount _____</p> <p>TOTAL</p>
<p>_____</p> <p>Made In _____</p> <p>Points _____</p> <p>Discount _____</p> <p>TOTAL</p>	<p>_____</p> <p>Made In _____</p> <p>Points _____</p> <p>Discount _____</p> <p>TOTAL</p>



DISCOUNT

You will receive a discount (divide your points for that article or accessory by two), if the article of clothing or accessory is older than 5 years, purchased from a second hand store, or handed down to you.

<p>JEWELLERY</p> <p># of Pieces _____</p> <p>Pieces x 5 _____</p> <p>Discount _____</p> <p>TOTAL</p>	<p>UNDER GARMENTS</p> <p># of Pieces _____</p> <p>Pieces x 5 _____</p> <p>Discount _____</p> <p>TOTAL</p>
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TOTAL

* CONSUMERISM

Is a term used to describe the effects of equating personal happiness with purchasing material possessions and consumption.

RUNAWAY GROWTH IN CONSUMPTION IN THE PAST 50 YEARS IS PUTTING STRAINS ON THE ENVIRONMENT NEVER BEFORE SEEN.

ACTIVITY CHART

Made In	KM Travelled	Points
AUSTRALIA	14289	14
BANGLADESH	11792	12
CAMBODIA	12733	13
CANADA	1819	2
CHINA	9496	10
CUBA	3239	3
ETHIOPA	12266	12
HONG KONG	11412	12
INDIA	11258	11
INDONESIA	14665	15
ITALY	7252	7
JAPAN	8977	9
KOREA	9370	9
MALAYSIA	13858	14
MEXICO	3393	3
PHILIPPINES	11927	12
SRI LANKA	13697	14
TAIWAN	10839	11
THAILAND	12723	13
U.K	6292	6
USA	2462	3
VIETNAM	12473	12
WINNIPEG	0	0

DID YOU KNOW?

- * That for every litre of petrol used, 2.5 kilograms of carbon dioxide (CO₂) is released from the exhaust
- * That the average clothes drying uses 1060 kilowatt hours of electricity and result in 1738 pounds of CO₂ each year.
- * Each passanger on a flight from Winnipeg to London produces one tonne of greenhouse gas.
- * That Tree Canada states that one Canadian tree can remove more than 9 kg of CO₂ from the atmopshere each year or more than 700 kg in its lifetime.



CLIMATE CHANGE CONNECTION

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