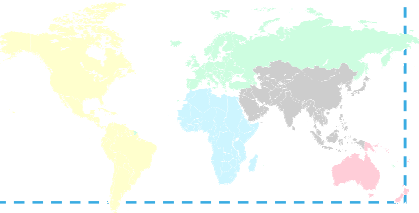


# FOOD PRINT

Using your chosen food item, answer the following questions to determine if your food item is climate friendly.

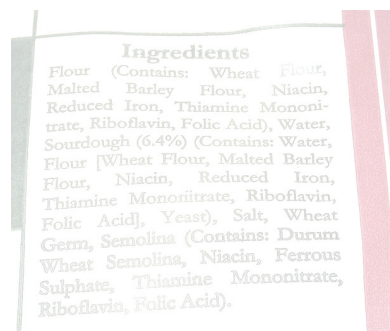
Where does the food come from (e.g. is it from another province or country, was it purchased or made locally)?



How many kilometers away did the food travel to get to you?

km

What are the main ingredients?



Draw a picture of your food item or glue a wrapper here:

How is the food packaged?



What resources do you need to produce this food item (e.g. land, water, oil, food, etc.)?

Would this item have been processed?

What else do you notice about this food that affects its climate friendliness?

Is there anything unique or significant about the food item (e.g. fair-trade, local)?



Do you think this food is climate friendly (Circle)?

Why?

YES NO

If no, what would be a better alternative?